

Spironolactone

What does spironolactone do?:

Spironolactone has been found to prolong survival, decrease hospitalizations and improve symptoms in patients with severe heart failure symptoms.

How does spironolactone work?:

Spironolactone works by blocking aldosterone, a hormone that may cause stiffening of the heart muscle and progressive worsening of heart function.

What are the common side effects of digoxin?:

Elevated potassium - This abnormality is detected with blood tests. Your physician will be monitoring your potassium levels.

Gynecomastia – Spironolactone may cause enlargement and tenderness of the breasts, especially in men. This has been reported in about 10% of men who take it.